



VACP

Virginia Academy of Clinical Psychologists

Fall Symposium

Hilton Garden Inn

Glen Allen, VA

October 13-14, 2017

Integrated Care: Practicing from a Biopsychosocial Approach



WELCOME

Virginia Academy of Clinical Psychologists (VACP) is the voice of professional clinical psychology within the Commonwealth of Virginia. Its purpose is "the advancement of Clinical Psychology as a science, as a profession, and as a means of promoting human welfare by developing and encouraging high standards of ethics and training; by providing the opportunity for the exchange of experience and research through discussions, presentation and publications; and by educating the public in the purposes and goals of the art and science of the practice of clinical psychology for the promotion of the public welfare."

Please join us for VACP's Fall Symposium, which will take place on October 13-14, 2017, at the Hilton Garden Inn in Glen Allen, VA.

An overarching goal of this year's symposium is for attendees to leave more aware of the interplay of the sociocultural, medical, and psychological on individuals' lives. We hope to provide new knowledge and skills for approaching the whole person in clinical practice and research. Furthermore, we aim to discuss ways to successfully integrate psychological practices across modalities and settings.

Finally, the VACP Fall Symposium will include Opportunities for networking and social events, which will allow for building of new and strengthening existing professional relationships.

We hope to see you there.

~Thorayya Said Giovannelli, PsyD
VACP Fall Symposium Chair

Schedule at a Glance

Friday October 13

7:30 am - 8:00 am	Registration
8:00 am - 9:00 am	Breakfast
9:00 am - 11:00 am	Primary Care Psychology: A New Career Path (2 hrs. CE)
11:00 am - 11:15 am	Break
11:15 am - 12:15 pm	Is Psychology Ready for a Paradigm Shift? Advances in Brain Science And Neurotherapy (1 hr CE)
12:30 pm - 2:30 pm	Lunch, Beer Tasting, Darts and Pool at Capital Ale House
3:00 pm - 9:00 pm	Complimentary Shuttle from Hotel to Short Pump Mall
5:00 pm - 6:00 pm	Cocktail Hour - Drinks with Shrinks at Restaurant at Short Pump Mall
6:00 pm	Dinner on your own -Short Pump Mall

Saturday October 14

7:30 am - 8:00 am	Continental Breakfast
8:00 am - 9:50 am	Prescribing or Not: Collaborative Psychological Care for Patients with Medical Needs (2 Hrs. CE)
9:50 am - 10:00 am	Refreshment Break
10:00 am - 11:00 am	Addressing Best Practices & Ethical Challenges of Integrated Care in a Geriatric Population (1 hr CE)
11:00 am - 12:00 pm	Chronic Pain Management in Chronic Care (1 hr CE)

Highlights Include

7 Hours CE
2 Breakfasts
Lunch w/ Beer Tasting
Drinks with Shrinks

DETAILED SCHEDULE

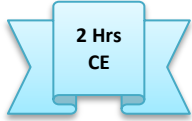
Friday October 13

07:30 am – 08:00 am Registration

08:00 am – 8:50 am Breakfast

9:00 am – 11:00 am Primary Care Psychology: A New Career Path

~Bruce Rybarczyk, PhD

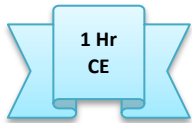


The speaker will describe the what, how and why of this emerging new career path. This will include marketplace changes, cost savings rationale for hiring integrated care providers, unique competencies required, and options for obtaining training in this area. The 10-year experience of reshaping the VCU Clinical Psychology PhD around training in safety net primary care will also be summarized. Learning objectives: Describe the what, how and why of the integrated care model in primary care. Understand what training is available and opportunities there are for moving your career in this direction.

11:00 am – 11:15 am Intermission

11:15 am – 12:15 am Is Psychology Ready for a Paradigm Shift? Advances in Brain Science and Neurotherapy

~Rick Ellis, Ed.D and Kelly Woods, MA



This presentation addresses the neurological foundations of neurofeedback/neurotherapy, a review of research with treatment-resistant populations and appropriate case studies. Participants will learn the foundations of Quantitative Electroencephalography (qEEG), LORETA 3-D analysis, and neural networks in treatment design. qEEG is used to guide the most efficient application of neurofeedback. Case studies and neural entrainment methods including pEMF, tDCS, tACS, tRNS and near infrared stimulation.

12:15 pm – 2:30 pm Lunch, Beer Tasting, Pool and Darts at Capital Ale House (Walking distance from hotel. 2 minute walk)

3:00 pm – 9:00 pm Complimentary VACP Shuttle from Hotel to Short Pump Mall

5:00 pm – 6:00 pm Drinks with Shrinks at Restaurant/Bar at Short Pump Mall. Location TBA at the Conference.

6:00 pm Dinner on your own

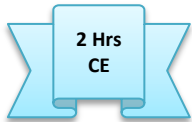
Saturday October 14

07:30 am – 08:00 am Continental Breakfast

08:00 am – 9:50 am Prescribing or Not: Collaborative Psychological Care for Patients with Medical Needs

~Doris E. Nevin, Ph.D., M.S.C.P.

*QUALIFIES FOR "ETHICS" CREDIT



Psychologists play an integral role in providing care for all patients. This workshop will address the guidelines by which all psychologists operate within an integrated care model involving patients that have co-existing medical and mental health needs. An overview of the importance of expanding our knowledge base and training that also integrates the potential for prescriptive authority will be addressed.

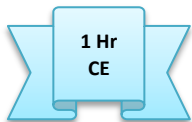
9:50 am – 10:00 am Intermission

10:00 am – 11:00 am Addressing Best Practices & Ethical Challenges of Integrated Care in a Geriatric Population

~Tabitha A. Sierra, Psy.D., Dept. of Veterans Affairs

*QUALIFIES FOR "ETHICS" CREDIT

~Anthony Gross, Psy.D., Hampton VAMC

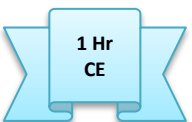


This seminar will provide information on the best practices and ethical challenges of working within an interdisciplinary team to address the medical and mental health needs of the geriatric population. The seminar will also address challenges in the specific settings of long-term care, sub-acute rehabilitation, and home based primary care.

11:00 am – 12:00 pm Chronic Pain Management in Integrated Care

~Elena A. McSwain, Psy.D., Dept. of Veteran Affairs

~Marlana L. Webster, Psy.D., Dept. of Veteran Affairs



Approximately 100 million adults living in the United States endorse having chronic pain (Giannitrapani, et al., 2016). Psychologists have the opportunity to function as consultants within an integrated care team, as well as, offering expertise in teaching non-pharmacological methods for chronic pain management. This presentation will cover strategies for engaging primary care providers in a team approach, psychoeducation regarding the biopsychosocial conceptualization for chronic pain, and discuss various treatment methods.

12:00 pm Departures

INNSBROOKSHOPPES

(Located directly behind the convention hotel)

RESTAURANTS

- Beach House Bar & Grille
- Boychik's Deli
- Capital Ale House
- Dairy Queen
- Firehouse Subs
- Hanami Sushi
- Hondos Prime
- Hurley's Tavern
- Joey's Hot Dogs
- Mama Cucina
- Mexico Restaurant
- Padows Ham & Deli
- Silver Diner
- Taziki's Mediterranean Grill
- Thai Flavor



EVENTS AND ACTIVITIES

<http://innsbrookshoppes.com/events-activities.php>

MAP, TRAILS AND LAKES

Innsbrook features three lakes totaling 37 acres enhanced by decks and fountains and five miles of paved trails. The trails wind around three lakes, across bridges, past offices, along roadways and through picnic areas and natural areas. The entire route is paved for all to enjoy a smooth, even workout against a backdrop of natural, beautiful vistas and some very picturesque wildlife scenes right outside your office. On any given day you may spot red-tailed hawks, blue herons, egrets, ducks, a variety of turtles and even largemouth bass.

<http://www.innsbrook.com/wp-content/uploads/2015/11/bigmap.jpg>



SYMPOSIUM REGISTRATION FORM

\$195 Per Attendee: (Includes 7 Hours CE, 2 Breakfast, 1 Lunch, Complimentary Shuttle and drinks with Shrinks)

Attendee Name: _____ (Will be used for Name Badge)

Check off all events you will attend. Advance Registration required. All events listed below are included in your general registration fee.

- Friday Breakfast
- Friday CE Presentations
- Friday Lunch with Beer Tastings at Capital Ale House
- Friday Drinks with Shrinks
- Saturday Continental Breakfast
- Saturday CE Presentations

\$25 Per Spouse/Guest: (Includes 2 Breakfasts, Lunch and Drinks with Shrinks. Advance Registration Required)

Spouse/Guest Name: _____ (Will be used for Name Badge)

\$100 Non-Member Fee (Additional fee required for all Non-VACP members. Not applicable for spouse/guest)

V-PLAN Contribution (Voluntary contribution to VACP's political action committee)

VPF Contribution (Voluntary contribution to the Virginia Psychological Foundation)

\$25 Late Fee (Per Person) for any registration received after October 1.

\$ TOTAL

Payment Information

Mark Choice with an "x"

Pay by Check Pay by Credit Card (MasterCard/Visa)

Check Number: _____

Printed Name on Card _____ MasterCard/Visa (Circle One)

Account Number _____ Exp. Date: _____

Full Billing Address _____

Authorized Signature: _____ (Required for Credit Card Charges)

If registering by credit card, MAIL to VACP office or scan and email to VACPOffice@gmail.com or fax to 804-643-0311

If registering by check: Send Payment & registration form to:

Virginia Academy of Clinical Psychologists
4461 Cox Road, Suite 110, Glen Allen, VA 23060

Refund Policy: Before Oct 1, ^{Full} Refunds will be provided upon written request. After Oct 6, No Refunds will be provided for any reason.

Special Dietary Needs: Any member with special dietary needs must contact the VACP office by Oct. 1 so that we may try to accommodate your request. Special dietary requirements must be medically justifiable rather than personal preference.

Final Pre-Registration Deadline – After October 9th Please Register On-Site

Room Reservations Information

- Call 1-804-521-2900 and Mention the "Virginia Academy of Clinical Psychologists"
- Discounted Room Rate: \$112/Night (Run of the House Room)

All rooms are for daily, single or double occupancy and are subject to taxes applicable at the time of your stay

- Room Reservation Deadline is September 21, 2017
- Check-in time is 3:00 pm and Check out time is 12:00 pm

All Room Reservations Include:

- Complimentary Self-Parking
- Complimentary Access to fitness center
- Complimentary Wireless Internet (Guest Rooms and Meeting Space)

UPDATE YOUR VACP MEMBERSHIP PROFILE TODAY

VACP uses the information in your online VACP member profile to email you important communications, to populate your information for the “Find Psychologists” search feature on the VACP website, to connect you with your peers and much more. Please make sure your VACP member profile is up to date. Log in at www.vapsych.org today to check your membership information.

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NEW VACP ORGANIZATIONAL CHART



Virginia Academy of Clinical Psychologists

BOARD OF DIRECTORS

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President: Treven Pickett, PsyD, ABPP
President-elect: Bruce Sellars, PsyD
Secretary: Jennifer Beard, PhD
Treasurer: Robert McNamara, PhD
Past President: Robin Haight, PsyD

AT LARGE:

Internal VACP Functions: Stephanie Eppinger, PhD
External VACP Functions: Ed Tiller, PhD

STANDING COMMITTEES

INTERNAL VACP FUNCTIONS Stephanie Eppinger, PhD

Membership, Communication and Awards

Todd Vance, PhD, Chair

Continuing Education & Program

Thorayya Giovannelli, PsyD, Chair

Finance

Robert McNamara, PhD, Chair

Nomination & By-laws

Treven Pickett, PsyD, ABPP

Members: 2 pending appointment per Bylaws

EXTERNAL VACP FUNCTIONS Ed Tiller, Ph.D

Healthcare Benefits

Jennifer Morgan, PsyD, Chair

Members:

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Jennifer M. Morgan, PsyD
Kati Duncan, PsyD
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Professional Issues, Ethics and Regulatory Affairs

Ed Tiller, PhD, Chair

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Ted Peck, PhD
Desideria Hacker, PhD

Political Action Committee

Pending appointment, Chair

REGIONAL ACADEMY PRESIDENTS

Richmond: Leah Farrell-Carnahan, PhD
Northern Virginia: Caryll Jefferies, PsyD
Tidewater: Stephanie Eppinger, PhD

VACP OFFICE

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Website: www.vapsych.org

VACP STAFF

Bruce B. Keeney, Sr.

Executive Director & Legislative Counsel

Bo Keeney

Associate Director & Legislative Counsel

Laura McHale

Director, Member Services

Mary-Taliaferro Keeney

Director, Financial Services

To Contact any Committee member you may either visit the Find a Psychologist search on the VACP website at www.vapsych.org or contact the VACP Office to get the appropriate contact information.

Voting members of the Board of Directors are the Officers and the two at-large Board members.

Regional Academy Presidents and Standing Committee Chairs are non-voting, but are invite to attend and participate at called meetings of the Board. One at-large member shall supervise and coordinate activities of Standing Committees under the Internal VACP Functions. The other at-large member shall supervise and coordinate activities of Standing Committees under the External VACP Functions. The Executive Director is an ex officio (non-voting) member of the Board of Directors.

Directions

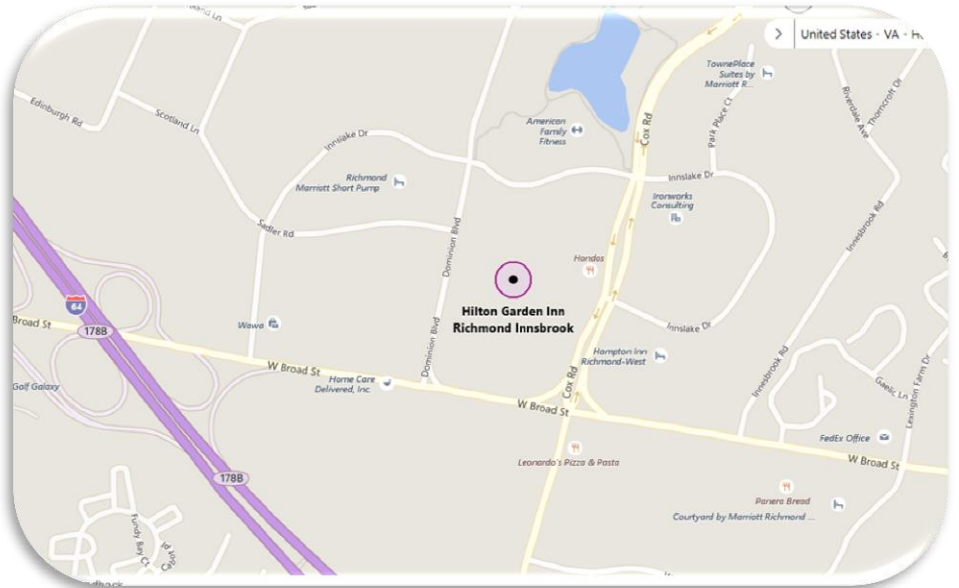
The Hilton Garden Inn is conveniently located in the Innsbrook area of the West End of Richmond. Access to the hotel is directly off I-295 at exit 51B or off I-64 at exit 178B.

Parking

It's FREE & It's On-Site!

Hotel Address

4050 Cox Road, Glen Allen VA 23060



Save the Date
VACP Spring Convention
April 19-20, 2018
Hotel Roanoke - Roanoke, VA



4461 Cox Road
Suite 110
Glen Allen VA 23060